**FOR IMMEDIATE RELEASE** December 18, 2015 **| ORCAS ISLAND, WA**

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Cultivating Spirituality in CHildren:
101 Ways to Make Every Child’s Spirit Soar!

International Author and Speaker, Dr. Rosie Kuhn, comes to East West Bookshop of Seattle on January 23–24, 2016 to share her breakthrough new book, ***Cultivating Spirituality in Children: 101 Ways to Make Every Child’s Spirit SOAR!*** Dr. Rosie’s eighth book to-date was recently released on Amazon.com and is now available at East West Bookshop of Seattle. She makes her home on Orcas Island, WA.

Dr. Rosie will lead a discussion of the book and answer questions Saturday, January 23rd from 7–8:30pm, followed by a high-powered workshop Sunday January 24th 1–4pm, both at East West of Seattle.

Dr. Rosie has been a dynamo in the business of personal and professional development for more than 30 years. She is a preeminent thought-leader in the field of Transformational Coaching and a recognized specialist in the field of addiction. She has trained hundreds of individuals around the US, plus London, Moscow and Tel Aviv, to become Transformational Life and Business Coaches. Dr. Rosie is also well known for her years as a Transformational Coach Trainer at Sofia University in San Francisco.

Dr. Rosie’s work straddles the complex worlds of Business and Spirituality. Her books, ***The ABC’s of Spirituality in Business****,* and ***The Dilemmas of Being in Business*** (both available on Amazon), bring these worlds closer as she speaks to the cultivation of Spiritual principles in the business environment.

With the birth of her grandson Andrew, now nearly five years old, Dr. Rosie became deeply curious as to how she could best support and encourage the cultivation of Andrew’s innate spirituality. Thus, her eighth book was conceived. “This new book reflects the need for grownups who are involved with children to become impeccable in aligning our words and actions. As I state in the book, every parent, every grandparent, every teacher, every coach and minister I know has a strong desire to make every child’s spirit soar*.* This new book offers ways to do just that.”

Dr. Rosie’s earlier works (all available on Amazon):

* *You Know You Are Transforming When…*
* *If Only My Mother Had Told Me
(Or Maybe I Just Wasn’t Listening)*
* *ME… 101 Indispensable Insights
I Didn’t Get in Therapy*
* *The Unholy Path of a Reluctant Adventurer*
* *Self-Empowerment 101*
* *The ABC’s of Spirituality in Business*
* *Dilemmas of Being in Business*

Sign up today to receive Dr. Rosie’s FREE 28-day video series entitled *“Parent Like a Guru”,* 28 daily emails at: <http://parentlikeaguru.theparadigmshifts.com>. • Dr. Rosie’s FREE video series *“Diet Like a Guru”* begins January 1, 2016. Sign up at: <www.dietlikeaguru.com.> • For more information, visit Dr. Rosie’s website: [theparadigmshifts.com](http://www.theparadigmshifts.com) or [www.eastwestbookshop.com](http://www.eastwestbookshop.com)