



Supporting the Unfolding Process of Being Human *August 9th*

Therapists, counselors and coaches are trained to work within a fear-based reality, leaving little room to interpret and support clients to see themselves as already fearless, empowered and capable of the life they envision for themselves. We are in need of a new paradigm, one that empowers us to bring our clients to the fullest expression of their essential nature.

The intention of this workshop is to engage in a practice and an exploration of who and what we consider to be human and human potential, and to increase the bandwidth of practitioners to include tools and skills that empower ourselves and clients to live and work into our fullest potential.

Benefits: Those attending will build and strengthen their capacity to explore the parameters of the normal paradigm, resourcing our larger selves more effortlessly, which in turn empowers clients to appreciate the lived experience of their human and spiritual potential. We will:

Explore, through dialog, a larger bandwidth of knowing, which enhances practitioners' ability to listen and witness our clients' capacities to empower themselves into their fullest potentiality;

Develop a focus, which allows greater degrees of curiosity to be present to, and respect for our clients' courageous efforts, which have brought them to their current personal and professional challenges;

Practice specific skills and tools oriented towards expanding your capacity to "be with" your clients' reality and the wisdom that created it;

Employ these practices in support of cultivating an unlimited perspective of health and wholeness.

Date: Friday, August 9th, 9:30am to 5:30pm **Location:** YWCA Silicon Valley: 375 3rd St, San Jose, CA

Fee: \$125.00 For more information and to register, contact Rosie at: 360-376-4323, or email: rosie@dr-rosie.com



Dr. Rosie Kuhn began her career in field of personal development as a Marriage and Family Therapist. Now a life and business coach, she has authored *Self-Empowerment 101*, and newly published *Dilemmas of Being in Business*. Founder of The Paradigm Shifts Coaching Group, Rosie specializes in empowering individuals and organizations to embrace transformation and realize untapped potential. The foundation of her work is built upon systems theory, transpersonal psychology, and years of immersion in the field of addictions. Her expansive breadth of knowledge and experience bridges quantum physics to cosmic consciousness. Dr. Kuhn has successfully coached and facilitated trainings for clients such as Gap Inc., SanDisk, Flextronics, Sun Microsystems and Nike Israel. Her blogs can be found at www.dr-rosie.com, and her books are available at Amazon.com.