

I'VE ARRIVED! WELL, SORT OF: 101 DISCOVERIES AND REVELATIONS STUMBLED UPON WHILE ON THE SACRED PATH TO WHO KNOWS WHERE

HOW A TRANSFORMATIONAL COACH TRAINED HERSELF TO STRETCH, STRENGTHEN, AND
EXPAND WHO SHE THOUGHT SHE WAS INTO SOMEONE SHE DIDN'T KNOW EXISTED



ABOUT THE AUTHOR:

Dr. Rosie Kuhn, founder of The Paradigm Shifts Coaching Group and author of 13 spirituality books, is the preeminent Thought Leader in the fields of transformational coaching, coach training, and leadership development. Rosie specializes in identifying and transforming belief systems that hold us back in business and in life. She is a popular speaker, facilitator, and blogger who empowers individuals, executives and organizations to fearlessly embrace transformation and realize previously untapped potential. Brilliant in her capacity to champion transformation, Rosie has her finger on the pulse of the current global paradigm shift.

ABOUT THE BOOK:

The path to enlightened living is not drawn out right in front of us, and it does not miraculously appear overnight, or after one exclusive spiritual realization. The path for Psychologist and Transformational Coach, Dr. Rosie Kuhn, is no different. Her path began with a commitment to explore the outer fringes of thriving, and it ends, well, who knows where! As Dr. Rosie moves towards enlightenment, many discoveries and revelations have stopped her in her tracks. Only through deep conviction, training, and practicing what she teaches is she able to align herself with her highest truth. Through storytelling her own experiences, Dr. Rosie teaches how exercising and experimenting with incremental leaps of faith can allow for the extraordinary to occur. Not only for her, but for you, too.

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PRAISE FOR I'VE ARRIVED! WELL SORT OF...

BOOK 4 OF
THE
101 SERIES

I'VE ARRIVED! WELL, SORT OF...

101

DISCOVERIES & REVELATIONS
STUMBLED UPON WHILE
ON THE SACRED PATH
TO WHO KNOWS WHERE

BY DR. ROSIE KUHN, PH.D.

"Nothing is missing. Nothing is wrong. Nothing needs to be fixed. And I have learned that more from Dr. Rosie Kuhn than from any other person."

- RICK REDICK

"Each and every page is quotable, hang-up-able, memorable. Pages from this book will be torn out and taped onto mirrors, pinned next to desks, [and] propped on altars."

- MARGARET LINDSEY

"Each page allowed me to sink deeper into peace, while expanding my capacity to just be."

- CARMELLA GRANADO